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CHARTIERS CENTER ANNUAL REPORT OF SUBSTANCE ABUSE SERVICES **FISCAL YEAR 2023/2024**

BRIEF REVIEW

- Substance Abuse Outpatient Program currently has two (2) clinicians available to see clients for individual therapy and intensive outpatient groups.
- Outreach and educational meetings have occurred with community and justice system providers to elicit a stronger referral stream to increase potential participants.
- The Intensive Outpatient group has been re-initiated and has had fluctuating participation.
- On November 28, 2023, an onsite licensing visit was completed and full licensure was issued through March 31, 2025.

PLAN

- With the successful recruitment of a new Substance Abuse Outpatient Therapist and are slowing building the census. We continue to look to build participation in the Intensive Outpatient Group.
- We are working on revised marketing and avenues of communication to developing a more robust approach to our outreach and extend to a more diverse population. An area of focus over the upcoming months will be the access and efficacy of MAT in treatment.
- We continue to monitor the necessary activities identified to ensure regulatory and quality care related to licensing and performance standards.

REVIEW OF QUALITY IMPROVEMENT ACTIVITIES

See Attached

REVIEW OF TRAINING AND UPCOMING TRAINING PLAN

See Attached

Respectfully Submitted,

Chief Clinical Office

PDSA (Plan-Do-Study-Act) WORKSHEET Chartiers SAOP FY 2023-2024 First Quarter Report (September 2023)

PLAN

Outpatient therapy session lengths that are less than 53 minutes are not indicative of the intensity of services that we feel are optimal in promoting an individual's recovery. Furthermore, sessions of less than the full length are not indicative of medical necessity for this level of care and are not reimbursed at the full rate.

Our plan is to improve the average session length of our participants' outpatient therapy sessions.

It is our hope that this will optimize engagement, effectiveness, utilization, and reimbursement.

DO

In group and individual discussions with our staff, we feel that our participants who struggle with the duration of a full therapy session may fall into one of three groups:

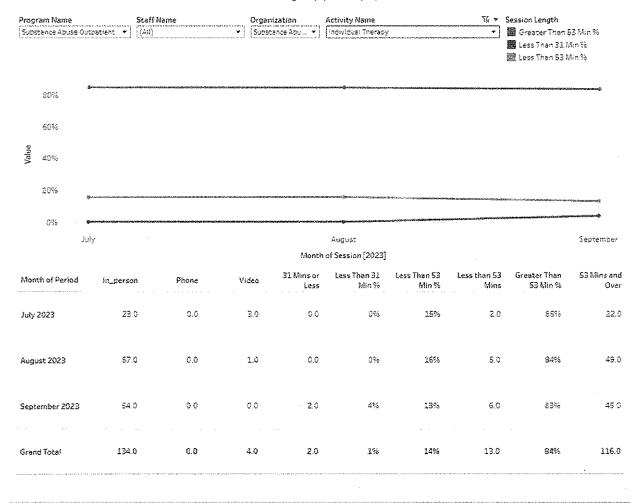
- 1. Those who don't currently have the ability to be attentive for a whole session, but who could develop that ability over time.
- 2. Those who may be "running out of things to talk about" because they have addressed their initial reason for referral but are reticent about terminating therapy.
- 3. Those whose mental health symptoms make it difficult to tolerate a full therapy session, but who need to stay in therapy because of medication.

We will address each of our participants in staff meetings and in individual supervision and devise an individualized strategy for increasing session duration. We feel that this plan will permit us to address the needs of our participants using a targeted, consistent method.

STUDY

During this quarter, we had discussions with staff as stated in our plan and directed them to be particularly conscious of session duration and to bring instances of difficulty to supervisor's attention. The results for this quarter show that in 137 sessions, 116 of them were 53 minutes and over. This leaves 14% which fell below the 53 minute threshold, with 3% under 31 minutes or less. There is still room for improvement indicated, and may be attributed to client's expectations regarding session time.

Session Length 7/1/2023 - 9/30/2023



ACT

We will continue to discuss these targeted individuals in supervision as well as discussing intervention plans. At the moment, we plan to focus on setting expectations with clients that therapy sessions are expected to last one hour.

PDSA (Plan-Do-Study-Act) WORKSHEET Chartiers SAOP FY 2023-2024 Second Quarter Report (December 2023)

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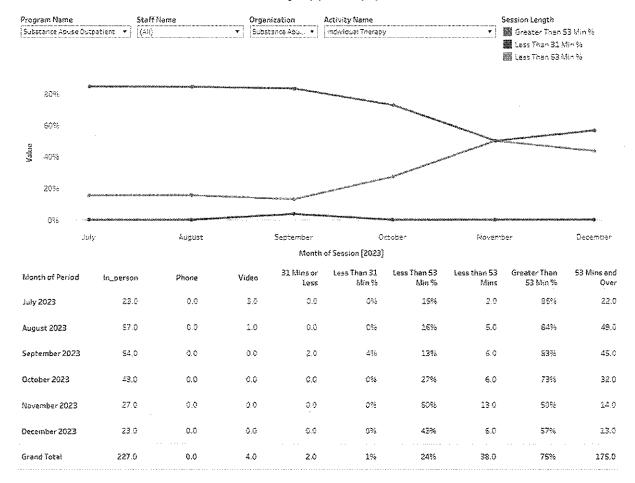
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- 4. Those who have unclear expectations regarding session length.

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STUDY

Despite initial good baseline results during the first quarter, session time dropped significantly this quarter, especially during November and December. There was an increase in number of sessions which makes the low numbers even more significant. Another factor that may have figured into the equation was the departure of the program supervisor. This was addressed with staff as an issue that was not being attended to with enough importance. Treatment expectations and guidelines were re-trained during staff meetings and supervision.

Session Length 7/1/2023 - 12/31/2023



ΔСТ

Program Management will monitor session length on a weekly basis and address during supervision.

PDSA (Plan-Do-Study-Act) WORKSHEET Chartiers SAOP FY 2023-2024 Third Quarter Report (March 2024)

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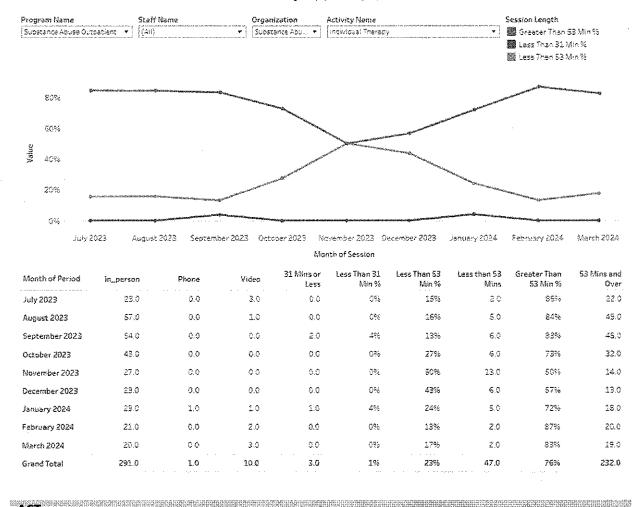
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CTHINY

Despite turnover in Program Management, we have seen an uptick in session length and a decrease in suboptimal session lengths. We could interpret the data below as having been successfully impacted by the above interventions as evidenced by the data showing an increase in average session length and a decrease in sessions lasting under the minimum expected time. It is also possible that an additional factor is the increased attention that therapists have been giving to this issue. It is also important to note that the SAOP census is small, which can potentially lead to wild swings in the data.

Session Length 7/1/2023 - 3/31/2024



We will continue to discuss these targeted individuals in supervision as well as discussing the effectiveness of our intervention plans.

PDSA (Plan-Do-Study-Act) WORKSHEET Chartiers SAOP FY 2023-2024 Fourth Quarter Report (July 2024)

PLAN

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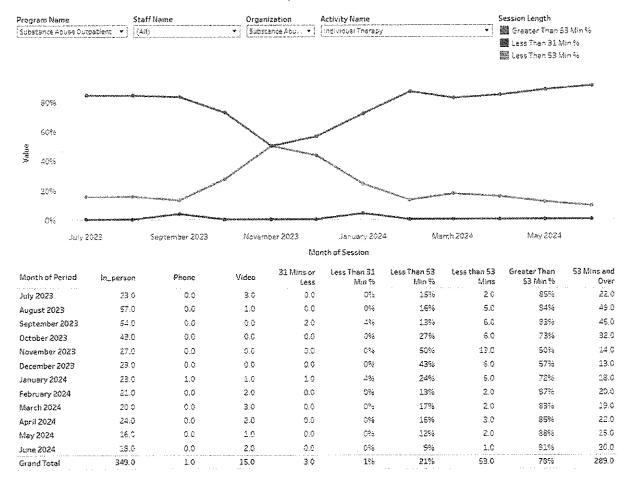
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STUDY

The upward trend which started in the third month of the previous quarter continued through this quarter, with June's statistics being 91% for the high score for the year.

Session Length 7/1/2023 - 6/30/2024



ACT

While the data implies some impact in this area, it needs constant maintenance and engagement. We will continue to discuss these targeted individuals in supervision, but the biggest impact on the data appears to correlate with a change in program leadership and the emphasis on staff being mindful of session length which appears to have led to some organic engagement strategies.



SUBSTANCE ABUSE OUTPATIENT SERVICES TRAINING ANALYSIS FOR FISCAL YEAR 2023/2024

COURSE: ADDICTIONS 101

TRAINING ASPECTS	AVERAGE OVERALL RATING	ITEMS LEARNED FROM TRAINING	AREAS OF IMPROVEMENT	TOPICS FOR FUTURE TRAINING
Instructor Preparation	S	◆ Initial information related	♦N/A	♦Would like more
Instructor Knowledge of Subject Matter	S			indepth information
Instructor interactions with Learners	S	addiction		
Appropriate Level of Instruction within the Class	S			
Value of Materials and Handouts Provided	S			
Flow and Structure of Information Provided S	S			
Achievement of Course Objective	S			
Amount of Knowledge Gained	S			

COURSE: ASAM

TRAINING ASPECTS	AVERAGE	ITEMS LEARNED	AREAS OF	TOPICS FOR FUTURE
	OVERALL	FROM TRAINING	IMPROVEMENT	TRAINING
	RATING			
Instructor Preparation	S	◆ Level of Care Assessment	♦N/A	♦N/A
Instructor Knowledge of Subject Matter	S	and appropriate treatment	7 - 7	
Instructor interactions with Learners	S	for adolescents and adults		
Appropriate Level of Instruction within the Class	S			
Value of Materials and Handouts Provided	S			
Flow and Structure of Information Provided	S			
Achievement of Course Objective	S			
Amount of Knowledge Gained	S			

COURSE: ASAM RISK RATING

S++ = Very Satisfied S+ = Satisfied S = Somewhat Satisfied S-= Somewhat Dissatisfied S-- = Very Dissatisfied

TRAINING ASPECTS	AVERAGE	ITEMS LEARNED	AREAS OF	TOPICS FOR FUTURE
	OVERALL	FROM TRAINING	IMPROVEMENT	TRAINING
	RATING			
Instructor Preparation	S	◆ Risk rating regarding level ◆N/A	♦N/A	♦N/A
Instructor Knowledge of Subject Matter	S	of care assessment and		•
Instructor interactions with Learners	S	appropriate treatment for		
Appropriate Level of Instruction within the	C	adolescents and adults		
Class	C			
Value of Materials and Handouts Provided	S			
Flow and Structure of Information Provided	S			
Achievement of Course Objective	S			
Amount of Knowledge Gained	S			

COURSE: ACT 31 – RECOGNIZING AND REPORTING CHILD ABUSE

TRAINING ASPECTS	AVERAGE	AVERAGE ITEMS LEARNED	AREAS OF	TOPICS FOR FUTURE
	OVERALL RATING	OVERALL FROM TRAINING RATING	IMPROVEMENT	TRAINING
Instructor Preparation	S	◆ Requirements for	♦N/A	♦N/A
Instructor Knowledge of Subject Matter	S	reporting and documenting		
Instructor interactions with Learners	S			
Appropriate Level of Instruction within the Class	S			
Value of Materials and Handouts Provided	S			
Flow and Structure of Information Provided	S			
Achievement of Course Objective	S			
Amount of Knowledge Gained	S			

COURSE: ACT 139 - NALOXONE

S++ = Very Satisfied S+ = Satisfied S = Somewhat Satisfied S-= Somewhat Dissatisfied S-- = Very Dissatisfied

TRAINING ASPECTS	AVERAGE	AVERAGE ITEMS LEARNED	AREAS OF	TOPICS FOR FUTURE
	OVERALL	FROM TRAINING	IMPROVEMENT	TRAINING
	RATING			
Instructor Preparation	S	♦ How and when to	♦N/A	♦N/A
Instructor Knowledge of Subject Matter	S	administer Naloxone		
Instructor interactions with Learners	S			
Appropriate Level of Instruction within the	c			
Class	C			
Value of Materials and Handouts Provided	S			
Flow and Structure of Information Provided	S			
Achievement of Course Objective	S			
Amount of Knowledge Gained	S			

COURSE: BEST PRACTICES FOR SUPPORTING INDIVIDUALS IN EARLY RECOVERY

TRAINING ASPECTS	AVERAGE	AVERAGE ITEMS LEARNED	AREAS OF	TOPICS FOR FUTURE
	OVERALL	OVERALL FROM TRAINING	IMPROVEMENT	TRAINING
	RATING			
Instructor Preparation	S	 Review and specifics of 	A/N♦	♦Would like further
Instructor Knowledge of Subject Matter	S	interventions with and		exploration of this
Instructor interactions with Learners	S	supports for individuals in		topic
Appropriate Level of Instruction within the	o	early recovery.		,
Class	٥			
Value of Materials and Handouts Provided	S			
Flow and Structure of Information Provided	S			
Achievement of Course Objective	S			
Amount of Knowledge Gained	S	100.00		

CASE MANAGEMENT OVERVIEW

TRAINING ASPECTS	AVERAGE	ITEMS LEARNED	AREAS OF	TOPICS FOR FUTURE
	OVERALL	FROM TRAINING	IMPROVEMENT	TRAINING
	RATING			
Instructor Preparation	S+	♦ Overview of Case	♦N/A	♦N/A
Instructor Knowledge of Subject Matter	S+	Management activities and		
Instructor interactions with Learners	S+	required documentation		
Appropriate Level of Instruction within the Class	S+			
Value of Materials and Handouts Provided	S+			
Flow and Structure of Information Provided S+	S+			
Achievement of Course Objective	S+			

COURSE: CONFIDENTIALITY

S++ = Very Satisfied S+ = Satisfied S = Somewhat Satisfied S-= Somewhat Dissatisfied S-- = Very Dissatisfied

TRAINING ASPECTS	AVERAGE	AVERAGE ITEMS LEARNED	AREAS OF	TOPICS FOR FUTURE
	OVERALL	FROM TRAINING	IMPROVEMENT	TRAINING
	RATING			
Instructor Preparation	S+	◆ Review of the laws related	♦N/A	♦ Would like a more
Instructor Knowledge of Subject Matter	S+			detailed review of
Instructor interactions with Learners	S+			changes in the laws
Appropriate Level of Instruction within the Class	S+			related to D&A regulations
Value of Materials and Handouts Provided	S+			
Flow and Structure of Information Provided	S+			
Achievement of Course Objective	S+			
Amount of Knowledge Gained	S+			

COURSE: FIRE SAFETY

TRAINING ASPECTS	AVERAGE	AVERAGE ITEMS LEARNED	AREAS OF	TOPICS FOR FUTURE
	OVERALL	FROM TRAINING	IMPROVEMENT	TRAINING
	RATING			
Instructor Preparation	S+	◆Basics related to fire safety	♦N/A	♦ N/A
Instructor Knowledge of Subject Matter	S+			
Instructor interactions with Learners	S+	;		
Appropriate Level of Instruction within the Class	S+			
Value of Materials and Handouts Provided	S+			
Flow and Structure of Information Provided	S+			
Achievement of Course Objective	S+			
Amount of Knowledge Gained	S+			

COURSE: HIV FOR SUBSTANCE USE DISORDER

TRAINING ASPECTS	AVERAGE OVERALL RATING	AVERAGE ITEMS LEARNED OVERALL FROM TRAINING RATING	AREAS OF IMPROVEMENT	TOPICS FOR FUTURE TRAINING
Instructor Preparation	S+	♦ Review of basic	♦N/A	♦N/A
Instructor Knowledge of Subject Matter	S+	information related to HIV		
Instructor interactions with Learners	S+	with individuals with		
Appropriate Level of Instruction within the Class	S+	substance abuse disorder		
Value of Materials and Handouts Provided	S+			
Flow and Structure of Information Provided	S+			
Achievement of Course Objective	S+			
Amount of Knowledge Gained	S+			

IN SUBSTANCE USE DISORDER

TRAINING ASPECTS	AVERAGE	ITEMS LEARNED	AREAS OF	TOPICS FOR FUTURE
	OVERALL RATING	FROM TRAINING	IMPROVEMENT	TRAINING
Instructor Preparation	S+	♦ Review of the impact of	♦N/A	♦Would like more in
Instructor Knowledge of Subject Matter	S+	trauma in substance abuse		depth information
Instructor interactions with Learners	S+			*
Appropriate Level of Instruction within the Class	S+			
Value of Materials and Handouts Provided	S+			
Flow and Structure of Information Provided	S+			
Achievement of Course Objective	S+			
Amount of Knowledge Gained	S+			

COURSE: MAT FOR OPIOID USE DISORDER

S++ = Very Satisfied S+ = Satisfied S = Somewhat Satisfied Somewhat Dissatisfied S-- = Very Dissatisfied

S-=

TRAINING ASPECTS	AVERAGE OVERALL	ITEMS LEARNED FROM TRAINING	AREAS OF IMPROVEMENT	TOPICS FOR FUTURE TRAINING
	RATING			
Instructor Preparation	S+	 Information regarding the 	♦N/A	♦Would like more in
Instructor Knowledge of Subject Matter	S+		•	depth information
Instructor interactions with Learners	S+	Disorder		
Appropriate Level of Instruction within the	S+			
Value of Materials and Handouts Provided	S+			
Flow and Structure of Information Provided	S+			
Achievement of Course Objective	S+			
Amount of Knowledge Gained	S+			

COURSE: MEDICAL & RECREATIONAL MARIJUANA

TRAINING ASPECTS	AVERAGE	AVERAGE TEMS LEARNED	AREAS OF	TOPICS FOR FILTIPE
	OVERALL RATING	FROM TRAINING	IMPROVEMENT	TRAINING
Instructor Preparation	S	◆ Information regarding the	♦N/A	♦Would like more in
Instructor Knowledge of Subject Matter	S	use of marijuana both	•	depth information
Instructor interactions with Learners	S	prescribed and recreational		•
Appropriate Level of Instruction within the Class	S			
Value of Materials and Handouts Provided	S			
Flow and Structure of Information Provided	S			
Achievement of Course Objective	S			
Amount of Knowledge Gained	S			

COURSE: ORIENTATION

S++ = Very Satisfied S+ = Satisfied S = Somewhat Satisfied S-= Somewhat Dissatisfied S-- = Very Dissatisfied

TRAINING ASPECTS	AVERAGE	ITEMS LEARNED	AREAS OF	TOPICS FOR FUTURE
	OVERALL	FROM TRAINING	IMPROVEMENT	TRAINING
	RATING			
Instructor Preparation	S+	♦AED, Back Basics, Client	♦N/A	♦N/A
Instructor Knowledge of Subject Matter	S+	Rights Compliance, Ethics,	•	,
Instructor interactions with Learners	S ⁺	Fire Safety, HIPPA,		
Appropriate Level of Instruction within the	<u>c</u>	Password, Workplace		
Class	7	Harassment/Violence;		
Value of Materials and Handouts Provided	S+	Sexual Harassment and		
Flow and Structure of Information Provided	S+	Discrimination Training		
Achievement of Course Objective	S+			
Amount of Knowledge Gained	S+			

COURSE: SCREENING AND ASSESSMENT

TRAINING ASPECTS	AVERAGE	ITEMS LEARNED	AREAS OF	TOPICS FOR FUTURE
	OVERALL	FROM TRAINING	IMPROVEMENT	TRAINING
	RATING			
Instructor Preparation	S	♦ Information regarding	♦N/A	♦N/A
Instructor Knowledge of Subject Matter	S	types and methods related to	•	•
Instructor interactions with Learners	S	screening and assessment for		
Appropriate Level of Instruction within the	O	individuals with substance		
Class	C	use disorder		
Value of Materials and Handouts Provided	S			
Flow and Structure of Information Provided	S			
Achievement of Course Objective	S			
Amount of Knowledge Gained	S			

COURSE: STAGES OF CHANGE MODEL

S++ = Very Satisfied S+ = Satisfied S = Somewhat Satisfied Somewhat Dissatisfied S-- = Very Dissatisfied

S-II

			+	Actificacification contact objective
			C .	Achievement of Course Objective
			S+	Flow and Structure of Information Provided
			S+	Value of Materials and Handouts Provided
				Class
			Λ +	Appropriate Level of Instruction within the
		treatment	S+	Instructor interactions with Learners
additional training			S+	Instructor Knowledge of Subject Matter
♦ Would like	♦N/A	◆ Review of Stages of Change	S+	Instructor Preparation
			RATING	
TRAINING	IMPROVEMENT	FROM TRAINING	OVERALL	
TOPICS FOR FUTURE	AREAS OF	ITEMS LEARNED	AVERAGE	TRAINING ASPECTS

COURSE: STD 101

TRAINING ASPECTS	AVERAGE	AVERAGE ITEMS LEARNED	AREAS OF	TOPICS FOR FUTURE
	OVERALL	FROM TRAINING	IMPROVEMENT	TRAINING
	RATING			
Instructor Preparation	S+	 Information regarding 	♦N/A	♦Would like more
Instructor Knowledge of Subject Matter	S+	STDs - diagnoses and	•	information related to
Instructor interactions with Learners	S+	treatment		long term treatment
Appropriate Level of Instruction within the Class	S+			ĺ
Value of Materials and Handouts Provided	S+			
Flow and Structure of Information Provided	S+			
Achievement of Course Objective	S+			
Amount of Knowledge Gained	S+			

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ANNUAL INDIVIDUALIZED TRAIN Christina Buch	NING PLAN FOR:	Building Collaboration	ner Focus	Continuous Learning	rity and Learning	ity and Inclusion	Effectiveness and Efficiency	Leadership and Management	Planning and Organization	Presentation Skills	Project Management	ology	n Communication
Secretary		3uildin	Consumer	Continu	Creativity	Diversity	Effectiv	Leader	Planni	Presen	Project	Technology	Written
FISCAL YEAR 2024/2 CONTINUING EDUCATION/	1NSTRUCTOR/						(
TRAINING ACTIVITY	TARGET DATE	10.1	1000										
CPR	CHARTIERS CENTER/ 12/31/2024		√	1									
Case Management Overview	DDAP APPROVED/ 06/30/2025	1	1	1								,	1
Practical Applications of Confidentiality	DDAP APPROVED/ 06/30/2025	1	1	1						,			1
Standard First Aido	DDAP APPROVED/ 06/30/2024		1	1		İ							

Staff/Date			

Director/Date

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ANNUAL INDIVIDUALIZED TRAINING Kim Harms Director of Allegheny Outpaties FISCAL YEAR 2024/2025	PLAN FOR:	Building Collaboration	Consumer Focus	Continuous Learning	Creativity and Learning	Diversity and Inclusion	Effectiveness and Efficiency	Leadership and Management	Planning and Organization	Presentation Skills	Project Management	Technology	Written Communication
CONTINUING EDUCATION/ TRAINING ACTIVITY	INSTRUCTOR/ TARGET DATE												
Act 31 - Child Abuse Recognition and Reporting	PA DOS/ 12/31/2024	1	٧	٧					7000,70775		TO T 18		٧
CPR	CHARTIERS CENTER/ 06/30/2025		1	1									4
First Aid	CHARTIERS CENTER/ 06/30/3025		V	√									

Staff/Date	Chief Clinical Officer/Date

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ANNUAL INDIVIDUALIZED TRAIL Sandra Hickey, I Therapist FISCAL YEAR 2024/2	ER NING PLAN FOR: MS	Building Collaboration	Consumer Focus	Continuous Learning	Creativity and Learning	Diversity and Inclusion	Effectiveness and Efficiency	Leadership and Management	Planning and Organization	Presentation Skills	Project Management	Technology	Written Communication
CONTINUING EDUCATION/ TRAINING ACTIVITY:	INSTRUCTOR/ TARGET DATE												
Co-occurring Disorders	DDAP APPROVED 06/30/2025	1	1	V	7	1							1
CPR	CHARTIERS CENTER 12/31/2024		1	1									
Fire Safety	CHARTIERS CENTER 12/31/2024		1	1									
First Aid	CHARTIERS CENTER 12/31/2024		7	√									
TB/STD/Hepatitis	DDAP APPROVED/ 12/31/2024	1	1	1				-					√

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Director/Date

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CHARTIERS RESPECT, RE		Building Collaboration	Consumer Focus	Continuous Learning	Creativity and Learning	Diversity and Inclusion	Effectiveness and Efficiency	Leadership and Management	Planning and Organization	Presentation Skills	Project Management	Technology	Written Communication
CONTINUING EDUCATION/ TRAINING ACTIVITY	INSTRUCTOR/												
Addictions 101	DDAP APPROVED/ 12/31/2024	1	1	٧									1
ASAM	DDAP APPROVED/ 12/31/2024	1	1	1				,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,					1
Confidentiality	DDAP APPROVED/ 12/31/2024	1	7	1									1
CPR	CHARTIERS CENTER 12/31/2024		1	1						-			
Fire Safety	CHARTIERS CENTER 12/31/2024		1	1								•	
First Aid	CHARTIERS CENTER 12/31/2024		1	1	1								
HIV	DDAP APPROVED/ 12/31/2024	1	1	1									1
TB/STD/Hepatitis	DDAP APPROVED/ 12/31/2024	√	4	1									V

Staff/Date	Director/Date

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CHARTIERS RESPECT. RENEWAL CENTER ANNUAL INDIVIDUALIZED TRAINING PLAN FOR: Olivia Mattera, MS Service Coordinator FISCAL YEAR 2024/2025		Building Collaboration	Consumer Focus	Continuous Learning	Creativity and Learning	Diversity and Inclusion	Effectiveness and Efficiency	Leadership and Management	Planning and Organization	Presentation Skills	Project Management	Technology	Written Communication
CONTINUING EDUCATION/ TRAINING ACTIVITY	INSTRUCTOR/ TARGET DATE												
Addictions 101	DDAP APPROVED/ 12/31/2024	V	V	7			esandan.						V
Case Management Overview	DDAP APPROVED/ 12/31/2024	1	1	1									1
Confidentiality	DDAP APPROVED/ 12/31/2024	4	1	1				~					
HIV/AIDS	DDAP APPROVED/ 12/31/2024	1	1	1									1
TB/STD/Hepatitis	DDAP APPROVED/ 12/31/2024	1	1	1	·								

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Staff/Date		Director/Date	•	
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		COMPETENCY											
ANNUAL INDIVIDUALIZED TO Guy Yeadon Therapis	, MS st	Building Collaboration	Consumer Focus	Continuous Learning	Creativity and Learning	Diversity and Inclusion	Effectiveness and Efficiency	Leadership and Management	Planning and Organization	Presentation Skills	Project Management	Technology	Written Communication
CONTINUING EDUCATION/ TRAINING ACTIVITY	INSTRUCTOR/ TARGET DATE:												
Addictions 101	DDAP APPROVED/ 12/31/2024	1	1	1									1
ASAM	DDAP APPROVED/ 12/31/2024	1	1	1	·								1
CPR	CHARTIERS CENTER/ 12/31/2024		1	1									
First Aid	CHARTIERS CENTER/ 12/31/2024		√	1									
HIV/AIDS	DDAP APPROVED/ 12/31/2024	√.	1	V									1
TB/STD/Hepatitis	DDAP APPROVED/ 12/31/2024	1	1	1		*							ĺ

Staff/Date		Director/Date		
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